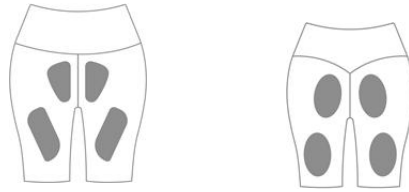


Private Part Muscle Training Short Pants



The treatment of pelvic floor dysfunction is divided into surgical treatment and non-surgical treatment.

The Private part muscle training pants we provided that use EMS technology, which is a tool in the non-surgical category to repair female pelvic floor muscles.

Female pelvic floor dysfunction (PFD) manifests as a series of pelvic floor injuries and defects such as pelvic organ prolapse (POP) and stress urinary incontinence (SUI). There are many causes of PFD. Epidemiological investigations show that pregnancy and childbirth are independent risk factors for PFD. As the uterus increases during pregnancy, the effect of gravity causes varying degrees of soft tissue damage to the chronic pelvic floor; changes in hormone levels during pregnancy change the collagen metabolism of the connective tissue of the pelvic floor, resulting in weakening of the pelvic floor support structure and increasing POP. There is a risk. During childbirth, the pelvic floor is squeezed by the fetal head, the pelvic floor is stretched and elongated, and the muscles are highly expanded, which makes the pelvic floor denervation and separation of connective tissue connections. Dystocia, device-assisted delivery, etc. can easily cause damage to the pelvic floor and surrounding tissues of the urethra, changes in the position and mobility of the bladder neck, and decreased urethral closure pressure, leading to the occurrence of SUI. The levator ani muscle and pudendal nerve mechanical injury during pregnancy and childbirth play an important role in the occurrence of PFD. Therefore, pelvic floor rehabilitation (PFR) in the early postpartum period has important preventive significance.

Pelvic floor muscle electrical stimulation Electrical stimulation can improve the excitability of nerve muscles, wake up some nerve cells that have been suspended due to compression, and promote the recovery of nerve cell functions. Electrical stimulation stimulates the contraction of the external urethral sphincter, and further enhances the contraction of the sphincter through the neural circuit, and strengthens urinary control. Electrically stimulate nerves and muscles, excite sympathetic pathways and inhibit sympathetic pathways, inhibit bladder contraction, reduce detrusor metabolism, increase bladder capacity, and strengthen urine storage capacity. Electrical stimulation therapy is an active method to promote the rehabilitation of nerve function after surgery, which can passively exercise muscle strength, prevent muscle atrophy, and restore nerve function. Electrical stimulation relieves the pain caused by muscle spasm by relaxing the pelvic floor muscles, directly inducing a therapeutic response or regulating abnormalities in lower urinary tract function.

Indications

1. Postpartum women can do routine pelvic floor muscle exercises.
2. Vaginal relaxation, vaginismus, unsatisfactory sexual life.
3. Mild to moderate uterine prolapse and vaginal bulge.
4. All kinds of urinary incontinence.
5. Patients with recurrent vaginitis and urinary tract infection in non-acute stage.
6. Adjuvant treatment of genitourinary repair surgery.
7. Symptoms during the puerperium (low back pain, abdominal pain, urinary retention, milk swelling, pubic symphysis separation, etc.).
8. Muscle dysfunction of the whole body movement system.
9. Loose breasts and sagging breasts.
10. Lower limb edema, venous and lymphatic drainage disorders.
11. Postoperative scar pain.

Contraindications

1. The abdomen of pregnant women
2. Postpartum lochia is not clean or menstrual period
3. Patients with pacemakers
4. Malignant tumor area
5. Dehiscence of surgical scar
6. Nervous system diseases

Energy box:



Parameter

Weight: 40g

Size: 50x50x22.50mm

Power supply: 400mAh rechargeable lithium battery

Maximum charging current: 1A

Charging power supply range: 4.5-6.5V

Maximum working current of the whole machine

Machine: no more than 0.5A (regulated power supply test)

Standby current: 40 MA \pm 3 (power test method)

Quiescent current: no more than 60uA

Low voltage alarm: 3.3V red light flashes

Processing current: 6mA-100mA

Output channel: 3 channels

Private Part Muscles Training Short Pants



Size chart – Regular size

Size chart							(CM)
Size Girth	XXS	XS	S	M	L	XL	XXL
Waist	55~64	59~68	67~78	73~85	84~97	90~104	98~112
Hips	80~96	84~100	92~110	98~117	106~126	111~132	114~136
Length	42	42.5	43	43.5	44	44.5	45

APP

